

December Newsletter 2016

General Tumbling Information:

- **The Holiday break is December 23- Tuesday January 3rd No regular class on Wednesday, January 4th It will be a make up day for Monday classes. Regular schedule resumes on Thursday, January 5th**
- Office hours are M-Th 4:30-8:30. Children are not allowed to be in the office unless purchasing snacks, calling parents, or invited by a staff member.
- Tuition runs the 5th of the month. A 30 day notice is required before dropping any classes.
- The tumbling showcase Saturday, May 20th at SLCC between 9 a.m. and 2 p.m.
- Next evaluation March 6th – 10th To make up evaluations you must schedule a private lesson with a coach. Evaluations will not be completed for your tumbler if they do not attend class that week.
- Observation is March 13th-March 17th

GYM

Synergy All Star Competition Team Info:

- All Absences must be excused by Teresa Colton. No absences are allowed during black out times. (Black out times are August-March) Our full stunt groups can not practice when any athlete is missing from their group. The success of their team depends on their attendance.
- Competition & Extra Practice Schedule:
 - January 3rd (Extra Practice for all teams!)
 - Cloudburst 4:00-5:30, Blizzard 5:30-7:00
 - Hurricane 7-8:30, Cyclone 7-9:30
 - January 6th (Extra Practice Cyclone/Hurricane) Includes Dinner!! 5:30-7:30
 - January 7th (Extra Practice Cloudburst/Blizzard Includes Brunch!!!
 - Cloudburst 9-10, Blizzard 10-11:30
 - January 21st UCA Rocky Mountain Regional
 - January 28th USA Open
 - February 11th 3P Championship
 - February 4th PICTURES!!!! Time TBA
 - February 24th & 25th Athletic Championship

Pre-Comp Cheerleaders Team Info:

- All absences must be excused by Alex Murphy, head coach for pre-competition cheer. Attendance is the key to their success☺
- Competition fee will be pulled on January 20th 2017
- February 4th PICTURES!!! Times TBA

