

January News 2017

Gym

Newsletter January 2017

General Tumbling Information:

- **Classes Resume from Holiday Break on Thursday, January 5th. On Wednesday, January 4th, we will be holding Monday classes to make up for other Monday's missed due to Holidays.**
- **Classes will be held Monday, January 16th Martin Luther King Jr. Day.**
- Office hours are M-Th 4:30-8:30. Children are not allowed to be in the office unless purchasing snacks, calling parents, or invited by a staff member.
- Tuition will run on the 5th of every month. A 30 day notice is required before dropping any classes.
- The tumbling showcase has been scheduled for Saturday, May 20th at SLCC between 9 a.m. and 2 p.m.
- Next evaluation March 6th – 10th To make up evaluations you must schedule a private lesson with a coach. Evaluations will not be completed for your tumbler if they do not attend class that week.
- Observation is March 13th-March 17th

Synergy All Star Competition Team Info:

- All Absences must be excused by Teresa Colton. No absences are allowed during black out times. (Black out times are August-March) Our full stunt groups can not practice when any athlete is missing from their group. The success of their team depends on their attendance.
- Competition & Extra Practice Schedule:
 - January 3rd (Extra Practice for all teams!)
 - Cloudburst 4:00-5:30
 - Blizzard 5:30-7:00
 - Hurricane 7-8:30
 - Cyclone 7-9:30
 - January 6th (Extra Practice Cyclone/Hurricane) Includes Dinner!!
 - 5:30-7:30
 - January 7th (Extra Practice Cloudburst/Blizzard Includes Brunch!!!)
 - Cloudburst 9-10
 - Blizzard 10-11:30
 - January 21st UCA Rocky Mountain Regional
 - February 4th USA Ogden Open * Please note the date change from Jan 28th USA changed the date to accommodate Utah State High School Cheer Competition on Jan 28th**
 - February 11th 3P Championship
 - February 24th & 25th Athletic Championship
 - PICTURES WILL BE RESCHEDULED!!!



Pre-Comp Cheerleaders Team Info:

- All absences must be excused by Alex Murphy, head coach for pre-competition cheer. Attendance is the key to their success☺
- Competition fee will be pulled on January 20th 2017
- PICTURES HAVE BEEN CANCELED. WE WILL RESCHEDULE!!!!